



Garden to Groceries Program 2026

Garden to Groceries is a practical gardening educational series that makes growing and cooking nutritious food achievable for home gardeners and small-scale growers. It focuses on taking small steps that lead to meaningful changes in your life and community.

Participants will learn how to plan and grow vegetables, fruits, and herbs, troubleshoot common problems, harvest at peak nutrition, and transform their produce into tasty, healthy meals.

What participants will get:

- Seasonal modules (e.g., planning and design; soil health and bed prep; variety selection; pest and disease basics; harvesting and suggested recipes).
- Interactive webinars led by extension and horticulture educators, along with seasonal and nutritional recipes.
- Take-home resources: seed/variety lists, planting calendars, soil test guides, vegetable garden designs, and recipe cards for harvest-to-table meals.

How does the program work?

- Launches on Thursday, January 8th, with an introductory webinar on Garden to Groceries as well as Getting Started.
- The program is hosted over Zoom and offers 11 growing sessions across the growing seasons in Kentucky. All sessions will be held at 12:00 Noon CT.
 - Thursday, January 8th – Program Overview & Getting Started
 - Thursday, February 12th – Sweet Corn
 - Thursday, March 12th – Potatoes
 - Thursday, April 9th – Tomatoes
 - Thursday, May 14th – Cucumbers
 - Thursday, June 11th – Pumpkins
 - Thursday, July 9th – Zucchini/Squash
 - Thursday, August 13th – Strawberries
 - Thursday, September 10th – Lettuce
 - Thursday, October 8th – Garlic
 - Thursday, November 12th – Herbs

Why it matters:

- Homegrown food offers fresher, tastier meals and can significantly reduce grocery bills, making it a cost-effective and healthy choice for families.
- Gardening strengthens community food resilience and supports local agriculture.
- By equipping people with gardening skills, we deepen our impact: more produce is grown and used, reducing waste.

To register for the Garden to Groceries Program, please scan the QR code below:

